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JANUARY 2019



Paint, Heal, Grow.

## One Year of International Art for Healing!





*Creations by International Online Certification Program Participants*

Happy New Year! We hope this newsletter finds you refreshed, relaxed, and ready for a great 2019.

This January, we're celebrating the **one year anniversary** of our **Art4Healing® International Online Certification Program**. In our first year, we've graduated 5 students, and have another 4 students enrolled. In 2019, we hope to spread the Art for Healing message even further! Read on to find out more about the Program.

If you're in Southern California, we also offer our **Brandman Studio Certification Program**. The Spring Semester begins **March 12th** and enrollment is open now.

Also in this issue - don't miss the update on our **HeARTs for Healing Women's Guild** roster and our Staff Corner, featuring our Program Director, **Mary Grace Sanchez**.

Lastly, it's never too early to start planning your year. We're looking for Corporate Sponsors to become **VIP's** at our hottest event of the year, **Art & Creativity for Healing presents: A Monte Carlo Casino Night**. Mark your calendars for **October 12th** and reserve your tables now - this event has SOLD OUT fast in past years.

We appreciate your support, as always!



*Amy D'Urso, Mary Grace Sanchez, Lindsay Reskey, Laurie Zagon*

**With heartfelt thanks,**

Laurie Zagon

Founder / Director

[Visit Our Website](#)

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## **Art4Healing® International Online Certification**

Celebrating ONE YEAR of International Certification!

Can't make it to our Studio? No problem! Get certified online.

CERTIFIED



We are proud to offer the **only** globally recognized Art4Healing® Certification, *exclusively available online*.

To become certified online, students experience and complete Art4Healing® workshops and assignments through an online platform within a timeline of 9 months (or less).

Students are matched with an Art4Healing® Coach who will answer questions and review his/her assignments and facilitated workshops.

Get Certified and spread the Art4Healing® message!



## Online Certification

## Graduate Update

We're proud of our Program Graduates. In our first year, **5 students** have completed the Program, and we have another **4 students** actively pursuing Certification. Our participants hail from the United States, Canada, Cypress, and New Zealand! In North America, our participants come from coast-to-coast - British Columbia, California, Arizona, Texas, Indiana, Illinois, and Massachusetts!



Congratulations to our latest graduate, **Anny Zachariadou from Cypress**. We'd like to share some of Anny's thoughts on the Program, as well as some of her creations. We hope her feedback inspires you to learn more!

On her **personal experience** with the Art4Healing International Online Certification Program, Anny said:

*"My overall impression of the Art4Healing program was fantastic. I believe the organization is staffed with talented individuals who are passionate about what they do. The classes are carefully guided and organized in a structured way, which allows the various exercises and artwork to flow in a natural and harmonious way."*

On her **Art for Healing Coach**:

*"My personal tutor was very helpful and encouraged me throughout the various stages of the program. Her guidance was valuable and inspiring and this enhanced my motivation. With time, I was able to silence my analytical brain and become more spontaneous in allowing my core feelings to come forward. I felt that there was an increased sense of clarity on the various events of my life and many new perspectives emerged as a result. This process of self-exploration was both rewarding and satisfying."*

Now that she's a Certified Art4healing® Facilitator, Anny wants to start working as a volunteer arts facilitator in healthcare. She'd like to help solve the "mystery" people have about the process of making art for better emotional and mental health. She's confident that Art4Healing® is *"a collective force that is slowly but surely becoming recognized"*.

In the future, Anny aspires to facilitate Art4healing® Workshops in her private studio.

Enjoy four of Anny's creations below.

**καλή δουλειά Anny!**



**All About Me – Weaknesses & Strengths**



**Color & Play**



**Giving and Receiving Love**



**Dark to Light**

[Online Certification](#)

## **Art4Healing® Brandman Studio Certification**

Get certified today in Laguna Hills



Come to Southern California and get Certified in person!

We are proud to offer the only Art4Healing® method Certification Program in the country. in



partnership with Brandman University. We offer certification exclusively through our in-studio program in Laguna Hills, California.

IT'S NOT TOO LATE! Our Spring Semester starts **March 12th** and **registration is open now!**

## Studio Certification

### Partner of the Month - Guild Members

Our HeARTs for Healing Guild supports us all year long!

If becoming more involved is one of your 2019 resolutions, we've got a group for you!

The **HeARTs for Healing Women's Guild** is a compassionate, energetic group of ladies that serve as fundraisers and community advocates for our programs. They work hands-on with us throughout the year by volunteering in workshops and helping us with all aspects of our fundraising gala.

Add your name to the current member list now!



### 2019 Guild Members

Thank you to our current Guild members!

- |                      |                  |                  |
|----------------------|------------------|------------------|
| • Franceskay Allebes | • Kay Hodges     | • Patti Romo     |
| • Kirstin Aston      | • Eithne Keegan  | • Lona Satrappe  |
| • Charley Baker      | • Jean Kerrigan  | • Janine Shannon |
| • Stephanie Burns    | • Marilyn Liu    | • Diana Stephens |
| • Margie Bushaw      | • Andi Mandel    | • Sue Stinson    |
| • Kathy Chevalier    | • Jody Marcon    | • Diane Stroebe  |
| • Mary Jane Foley    | • Rachel Mathews | • Randi Winters  |
| • Dominica Fusaro    | • Lindsay Parker | • MaryAnn Wisner |
| • Leslie Gurney      | • Ann Pearce     | • Sandy Wood     |

## Guild Information

### Staff Corner

Honoring those who deliver the Art4Healing® message

To kick off 2019, we're highlighting our Program Director, **Mary Grace Sanchez!** Read about Mary Grace's role and journey with Art for Healing here.







When I first moved to Southern California, I had high dreams of working in the art field and becoming a museum curator. However, after working in the museum sector for 4 years, I felt the need to explore different avenues of art that had a direct impact in my larger community. This is how I found Art & Creativity for Healing and now I am so grateful to enter my third year at ACFH by expanding our reach.

As the Program Director, I am able to work with all of our wonderful Partner Agencies to coordinate over 500 Art4Healing workshops and serve over 4,000 children and adults annually. Working at ACFH allows me to work in a more collaborative environment and expand my skills by working in so many different projects, such as grant writing, fundraising, and even course design. In 2018, I helped create and launch our new Art4Healing International Certificate Program—our online training platform that has reached students all the way to Greece and back to Canada.

I look forward to continuing to help fulfill our mission by helping children and adults give pain a voice through art.

## Thank you Mary Grace!

**Feeling inspired?** Take a look at our online courses, or join us in the studio for a workshop. You can also follow us on [Instagram](#) to receive our participant creation of the day!

Upcoming Workshops

Online Courses

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## Get Noticed at our Annual Fundraising Gala

A Monte Carlo Casino Night - Saturday, October 12th

Art & Creativity for Healing presents: A Monte Carlo Casino Night on **Saturday, October 12th**.

This year, we've reserved one of the hottest entertainment venues in the Irvine area, [A/V Irvine](#), for an up-tempo charity gaming event!

**You're a VIP** at our hottest event of the year when you become a Corporate Sponsor.

### Why sponsor us?

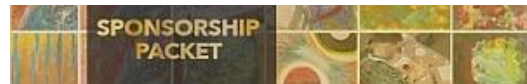
We're a small Non-Profit, but we do big things!

Our one of a kind Art4Healing® method provides healing expression to thousands yearly. We partner with over 35 other Non-Profit agencies to provide workshops free of charge. We also distribute 1500 Healing Art Boxes to needy children each year.



Join our unique mission and give your company the edge. Our small size allows us to prioritize and feature individual Sponsors. Your message won't go unnoticed and you'll truly be part of something special!

Our Non Profit is unique, fresh, and fun. Find out for yourself by Sponsoring us!



[click to download the Sponsorship Package](#)

## Gala Sponsorships

**Inspired by our newsletter? Join us for a workshop!**

**Sunday  
January 13th**



Volunteer  
Orientation  
2 PM - 4 PM

**Sunday  
January 27th**



Expressing Feelings  
with Color  
2 PM - 5 PM

**Saturday  
February 2nd**



The Language of  
Color  
9 AM - 12 PM

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